

A healthy body that flows smoothly and naturally with Fiber Cleanser™

Dietetic fiber and digestive enzymes



What is Fiber Cleanser?

Fiber Cleanser is an exclusive formula containing unique cleaning fibers and rich enzymes for the intestines and better digestion. Its formula controls constipation while diminishing gas and bloating.

Benefits

- Cleanses the intestines with its unique fibers
- Controls constipation naturally
- Decreases intestinal gas production

How to improve your health

- Eat healthy food every day by consuming 80% of “live foods” (fresh food like fruits and vegetables) and 20% “dead foods” (cooked food like pasta or bread)
- Drink at least 2 liters of purified water daily
- Exercise regularly
- Liquid fast at least one day every month
- Take 20 grams of dietetic fiber supplements every day, like Fiber Cleanser from NATURA, which is balanced for daily use
- Avoid pharmaceutical drugs, other medicines and toxic substances such as alcohol and tobacco
- Take an antioxidant supplement such as Xanthin from NATURA
- Activate your bodies natural cleansing process (colon, liver, kidneys, lungs, lymphatic system and skin) with Ultimate Cleanser from NATURA

Main Ingredients

Beta Carotene:

It is an excellent fiber which contains vitamin A, extracted from carrots. Helps promote healthier skin and vision, and also helps fight premature aging, cancer and tumors in the colon.



Psylum Husk:

Is a fiber which helps to remove accumulated fecal matter and toxic waste found in the colon.



Apple Fiber:

It contains enzymes which improve nutrient absorption, and elimination of toxic waste.



Corn and Soy Fiber:

These two grains help with eliminating constipation.



Ginger:

Helps improve digestion and avoid gas production.



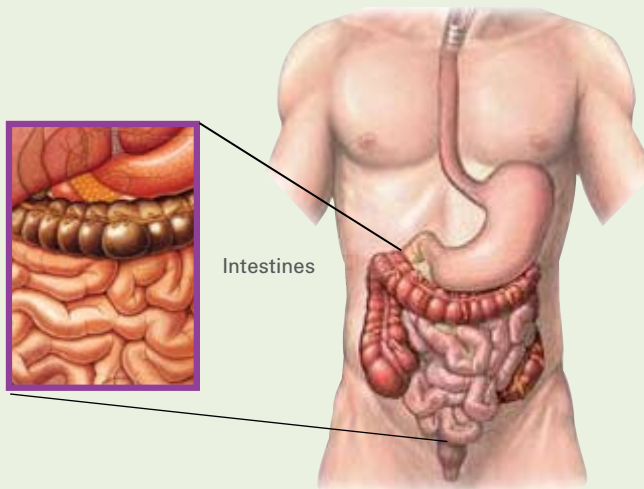


The Art of Keeping A Clean Body

We know that personal hygiene and a healthy body always goes hand-in-hand. Strong personal hygiene is vital for a healthy environment. We habitually bathe, wash our clothes and clean our house to keep our external body clean. Sadly though, the majority of people do not have good personal habits for their internal hygiene. The principles for basic internal cleansing require a few simple steps, which are all beneficial to our health.

How Does Fiber Cleanser Work In Our Bodies?

Fiber Cleanser activates the elimination channel of the body, especially the intestines and colon. Removing accumulated feces and toxic waste found inside the colon.



How To Use

In an 8 oz. glass of purified water combine 1 oz. of Aloe Cleanser with 1 scoop of Fiber Cleanser before bed. Drink and enjoy your way to a healthier life.

Supplement Facts

Serving Size 2 Capsules
Serving per Container: 30

Amount per Serving		
Calories	20	
Total Carbohydrate	13 g	4%*
Dietary Fiber	10 g	39%*
Soluble Fiber	8 g	
Insoluble Fiber	2 g	
Vitamin A (beta carotene)	400 IU	8%
Sodium	10 mg	0%
Potassium	60 mg	2%

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Psyllium Husk (*plantago ovata*), Chicory Fiber (Fructooligosaccharides), Oat Fiber, Soy Fiber, Corn Fiber, Natural Flavors, Citric Acid, Beet Powder, Beta Carotene, Ginger Powder, Proprietary Enzyme Blend (Gluconase, Xylanase, Pectinase and Phytase)*.

* Proprietary enzyme blend added to reduce bloating commonly associated with taking natural dietary fibers.

Symptoms and Signs of a Toxic Body

- Constipation
- Gas and Flatulence
- Fatigue or low energy
- Anxiety
- Stress and depression
- Dirty tongue and bitter mouth
- Bad breath
- Bad body odor
- Headaches, migraines
- Poor memory
- Dry or wrinkled skin
- Inflammation and pain
- Development of degenerative diseases such as diabetes, arthritis, Cancer, cardiovascular problems, allergies, etc.