

# Complete nutrition for the whole family with All Nutrition™

The best antioxidants and micronutrients formula



## What is All Nutrition?

All Nutrition combines a powerful, natural formula of vitamins, minerals, amino-acids, fatty acids, antioxidants and regenerative herbs. This combination is essential for the body and one of the strongest natural nutritional supplements available. More importantly, it is manufactured under a unique, patented process called Micellization, making it possible for the body to quickly absorb 100% of All Nutrition no matter age or health condition.

Vitamins are essential for life. They regulate metabolism and assist in energy production. More importantly, they help the body form cells, which strengthens the immune system. Antioxidants are substances that protect cells from the damaging effects of free radicals. All Nutrition contains a group of vitamins, minerals and enzymes preventing the damage free radicals cause.

## Major Benefits

- Nourishes and regenerates the body
- Improves all metabolic chemical reactions
- Boosts energy
- Is absorbed completely by the body and is safe for children, adults and seniors

## Main Ingredients

### Vitamins:

Are essential for life. They regulate your metabolism and assist in energy production. More importantly, they help the body form cells, which strengthens the immune system.



### Herb Extracts:

Contain alkaloids and active substances that help cleanse, regenerate and activate the cells in our body.



### Colloidal Minerals:

Are essential for the biochemical processes in the body. They are necessary for the composition of bodily fluids, the production of blood, the formation of bones, muscles, and organ regeneration.





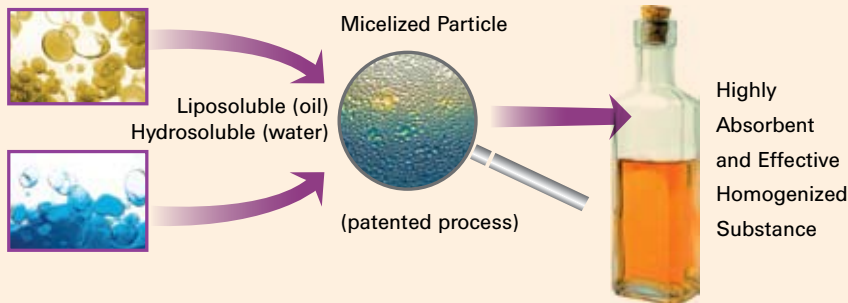
Did you know?...

There are 3 types of nutrients:

1. Connective tissue, also called plastic nutrients
2. Energy nutrients which are fats and carbohydrates, the fuel used to perform our everyday activities
3. Regulatory substances which are vitamins and minerals, directs the flow to the proper destination in the body.

How Does All Nutrition Work In Our Bodies?

All Nutrition from NATURA combines through micellization, all the essential ingredients that enhances life. Therefore, fat soluble micronutrients such as Vitamin E and other essential fatty acids can mix in a perfect homogenous way with the water soluble micronutrients such as Vitamin C. Due to the process of micellization, micronutrients can penetrate mucous or cellular membrane, causing All Nutrition to be fully absorbed into the body.



**Antioxidants:**

Antioxidants are substances that protect cells from damaging effects. They are a group of vitamins, minerals and enzymes that prevent the damage free radicals otherwise might cause.

How to Use

Take 1 oz. of All Nutrition and dissolve in a 8 oz. glass of water every morning. Then drink to your health.

Supplement Facts

Serving Size 2 Tablespoons (30 ml)  
Servings per Container: 30

		%D.V.*
Total Carbohydrate	14 g	5%
Sugar	14 g	†
Vitamin A 50% (beta carotene)	5000 IU	100%
Vitamin C (ascorbic acid)	180 mg	300%
Vitamin D (cholecalciferol)	400 IU	100%
Vitamin E (d-a tocopheryl acetate)	30 IU	100%
Vitamin K (phytonadione)	80 mcg	100%
Thiamin (thiamine hydrochloride)	1.5 mg	100%
Riboflavin (riboflavin-5' phosphate)	1.7 mg	100%
Niacin (niacinamide)	20 mg	100%
Vitamin B6 (pyridoxine hydrochloride)	2 mg	100%
Biotin (d-biotin)	300 mcg	100%
Pantothenic Acid (d-panthanol)	10 mg	100%
Calcium (calcium chloride)	100 mg	10%
Magnesium (magnesium chloride)	100 mg	25%
Zinc (zinc sulfate)	15 mg	100%
Selenium (sodium selenite)	50 mcg	71%
Copper (copper sulfate)	0.5 mg	25%
Manganese (manganese gluconate)	0.5 mg	25%
Chromium (chromium polynicotinate)	60 mcg	50%
Potassium (potassium chloride)	100 mg	3%
Coenzyme Q10**	5 mg	†
Herbal Extracts Blend	250 mg	†
Echinacea		
Ginkgo Biloba		
Grape seed		
Pine bark		
Spirulina		
Chamomile		
Turmeric		
Parsley		
Schizandra berry		
Wheat grass		
Green tea		
Hawthorn berry		
Rosemary		
Kelp		
Hydrolyzed Protein Concentrate	100 mg	†
Liquid Colloidal Minerals	100 mg	†
Evening Primrose Oil	50 mg	†
Flaxseed Oil	25 mg	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Purified water, fructose, fruit concentrate blend (pineapple, orange, white grape, passionfruit, mango, papaya, lemon), citric acid, glycerine, ethoxylated vegetable oil, natural flavors, stevia extract, potassium sorbate, and sodium benzoate.

**The Liquid Colloidal Minerals Blend contains:** Chloride, Magnesium, Sulfur (as total sulfate) Sodium, Potassium, Lithium, Bromide, Boron, Calcium, Carbon (as total carbonate), Fluoride, Iodide, Silicon, Nitrogen, Selenium, Phosphorus, Chromium, Titanium, Rutherfordium, Cobalt, Copper, Iron, Manganese, Antimony, Arsenic, Molybdenum, Strontium, Zinc, Nickel, Tungsten, Germanium, Lead (less than 1 ppm), Aluminum (less than 1 ppm), Scandium, Tin, Lanthanum, Yttrium, Barium, Silver, Cadmium (less than 0.2 ppm), Uranium, Gallium, Zirconium, Vanadium, Beryllium, Tellurium, Bismuth, Hafnium, Terbitium, Europium, Gadolinium, Samarium, Dysprosium, Holmium, Lutetium, Thulium, Erbium, Ytterbium, Neodymium, Praseodymium